

Gamma Knife Frame Placement Patient Instructions

Please arrive 15 minutes prior to your appointment time and proceed to registration upon arrival to the hospital. A member of the Radiation Oncology team will pick you up from the registration office and your driver will be escorted to the waiting room. Due to medications you will receive at your appointment, a driver will be required to accompany you to your appointment.

Your Appointment

- Bring a photo ID, insurance card, form of payment if applicable (you will know prior to your appointment if payment is required), and a list of medications, including the dose and how often you take them.
- Wear comfortable clothing.
- Please leave all jewelry and valuables at home
- **DO NOT** eat or drink past midnight the evening prior to your procedure.
- Continue to take the morning dose of your **prescription** medications. **DO NOT** take any non-prescription vitamins, minerals, or supplements; take the medications with only enough water to swallow them. For any prescription medications in liquid form please contact and speak with the Gamma Knife nursing staff for further instructions.
- Please hold your morning dose of diabetic medications until after the procedure is complete unless given different instructions by the Radiation Oncology nurse.
- If you wish to cancel or reschedule your appointment, please do so by contacting us at 214-633-3000.

During the Procedure

- You will be asked to change into hospital clothing and remove any jewelry.

- A member of the Radiation Oncology nursing team will insert an IV or access your port if requested.
- If applicable, a pregnancy test and additional labs may be drawn.
- The neurosurgeon will place the head frame. The neurosurgeons, along with the Radiation Oncology nurse, will help you to feel comfortable during this process.
- Once the head frame is placed you will be escorted to the Radiation Oncology nurse to obtain the necessary imaging scans.
- After you have returned from having your imaging scans done, the Radiation Oncology physician and the neurosurgeon will work together to plan your treatment. Please be advised, planning times may vary. The nursing team will provide updates to you and your family member throughout this process.
- You will be moved to the treatment room and prepared for treatment once the physicians have completed the planning process.
- Treatment length will vary. The length of treatment will be communicated to you prior to the start of treatment.
- At the completion of treatment, the head frame will be removed by your physicians. Your head wound will be cleansed and dressed with band aids by the nursing team. Prior to discharge, your Radiation Oncology physician and nurse will provide you with your discharge education and papers.
- A member of the Radiation Oncology nursing team will make a follow-up call to you the day after your procedure.

Location

The Stereotactic Radiosurgery Center (Gamma Knife)
William P. Clements Jr. University Hospital (CUH), 1st Floor
6201 Harry Hines Blvd.
Dallas, TX 75390

Valet parking is available at the main entrance to CUH. Complimentary parking tokens are provided for patients and their drivers. Please valet park your car and enter the main entrance of the hospital to check in at Registration.

**Please see attached map on the following page. CUH is marked with a red circle.*



- ### NORTH CAMPUS
- Bass Center Food Court (BL)
 - Bass Center Post Office (BL-level D)
 - Bass Center Tower 1 (BP)
 - Bass Center Tower 2 (BL)
 - Bass Center Tower 3 (BK)
 - Wildenthal Research Building (NL)
 - Clements Imaging Building (NE)
 - Hamon Biomedical Research Building (NA)
 - Moncrief Radiation Oncology Building (NF)
 - Pickens Biomedical Building (ND)
 - Pickens Medical Education & Conference Center; Commons Food Court (NG)
 - Police Station (BL)
 - Prothro Plaza & Gardens (NH)
 - Seay Biomedical Building (NC)
 - Simmons Biomedical Research Building (NB)
 - Simmons Comprehensive Cancer Center Clinics (NC)
 - University Store (NG)
 - UTD Center for Brain Health (UTD)

- ### EAST CAMPUS
- BioCenter at Southwestern Medical District (EB)
 - Harold C. Simmons Radiation Oncology Building (EC)
 - Landscape Office (EX)
 - Landscape Warehouse (EZ)
 - Parkland Hospital and (PM) **H**
 - Emergency Room**

- ### WEST CAMPUS
- Health Professions Building (V)
 - Office of Safety and Business Continuity (WT)
 - Operations Support Building (WU)
 - Outpatient Building (WA)
 - Faculty Office Building (WR)
 - Professional Office Building 1 (POB1)
 - Professional Office Building 2 (POB2)
 - West Campus Building 3 (WCB3)
 - William P. Clements Jr. University Hospital (CUH) **UH**
 - and **Emergency Room**

- ### SOUTH CAMPUS
- Aston Building (U)
 - Callier Child Development Center (CD)
 - Cary Building (F)
 - Children's Medical Center (CM) **H**
 - Danciger Building (H)
 - Florence Building (E)
 - Food Court (C-lower level)
 - Gooch Auditorium (C)
 - Green Research Building (Y)
 - Green Science Building (L)
 - Hoblitzelle Building (G)
 - Jonsson Building (K)
 - Laboratory Research & Support Building (JA)
 - McDermott Administration Building (B)
 - McDermott Lecture Halls (D-lower level)
 - McDermott Plaza (D)
 - Meadows Imaging Building (AM)
 - Moss Building (J)
 - Parkland Health & Hospital System Outpatient Center (PHHS)
 - Facilities Management Administration (P)
 - Facilities Management Service Buildings (PA, PB)
 - Postal Substation (C-lower level)
 - Skilern Building (M)
 - Sprague Building (CS)
 - Student Support Services (S)
 - TWU School of Nursing (TWU)
 - University Store (C-lower level)
 - UTD-Callier Center (UTC)
 - Visitor Information Center (A)
 - Williams Student Center (MA)
 - Zale Lipshy Pavilion (ZL) **UH**



UT Southwestern
Medical Center

IN THE SOUTHWESTERN MEDICAL DISTRICT

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- P** Visitor Parking Only
- V** Valet Parking
- M** Bike Rack
- P** Designated Staff & Visitor Parking
- H** Hospital
- UH** University Hospital