

GYN Bowel & Bladder Preparation

Bowel Preparation Prior to CT Scan for Radiation Planning

Please take **30ml (2 tablespoons total) Milk of Magnesia** in the morning and afternoon the day prior to CT scan. This will induce a good bowel movement and empty the rectum. Milk of Magnesia can be used as a laxative and can be found at most pharmacies in the laxative and digestion section. If you have diarrhea prior to the CT scan, you may skip this step.



Bladder Preparation Prior to CT Scan for Radiation Planning

The goal is to have a full bladder at the time of the CT scan for radiation planning (CT simulation).

Bladder Preparation Prior to Radiation Planning & Daily Treatments:

- Urinate on arrival to appointment (15 minutes prior to radiation treatment).
- Drink 8 ounces of water or any other beverage.
- **DO NOT** urinate again until after your radiation treatment.
- If you cannot hold 8 ounces of water for 1 hour or have to urinate, ask to talk to our nurse.



Please call our nursing staff for any further questions at 214-645-8525.