

# Rectal Endoscopy Preparation

\_\_\_\_\_ is scheduled for a rectal endoscopy with/without biopsies by Dr. \_\_\_\_\_ at the William P. Clements Jr. University Hospital Radiation Oncology Building, located at 2280 Inwood Road, Dallas, TX 75390, on \_\_\_\_\_. Check-in time for the procedure is at \_\_\_\_\_.

Two hours prior to the procedure, take 2 Fleet® enemas. These can be purchased at most drug stores without a prescription. To use the enema, lie on your side with your knees bent. Remove the cap from the applicator tip and gently insert the tip into the rectum. For best results, stay lying down until you feel the urge to have a bowel movement; this should occur between 2 – 15 minutes. If you do not produce a bowel movement let the nurse know upon arrival for your procedure.

- Please arrive promptly at check-in time to allow time to prepare for the procedure.
- You may take all your medications as prescribed. Let the nurse know if you are on an anticoagulant (blood thinner).
- You are NOT required to fast.
- No antibiotics are needed.
- If you have pain during a bowel movement, take the recommended oral pain medication 1 hour prior to the procedure. An IV will be started for additional pain medication if needed.
- If pain medications are taken, be sure to have a designated driver to take you home.
- You will be awake during the procedure, which lasts approximately 30 minutes.
- Be sure to bring a stool sample if a kit was provided.

For any questions or concerns, please call 214-645-8525.