

Food Services

The People's Fridge

Founded by Jasmine Coleman, The People's Fridge is a mutual aid group led by a woman of color that seeks to combat food insecurity. The People's Fridge now manages 4 fridges across the Dallas area, which provide free food to anyone who needs it. The concept brings together people with extra funds and food and those who need something to eat.

Locations

Pan-African Connection Bookstore: 4466 S. Marsalis Ave., Dallas, TX 75216

Hours: 24/7

**Does NOT accept frozen foods*

HeyyHealer Studio: 324 E. Belt Line Rd., Suite 500, DeSoto, TX 75115

Hours: Wednesday, Noon – 4:30 p.m.; Thursday-Friday, Noon – 6 p.m.

Owenwood Farm & Neighbor Space: 1451 John West Rd., Dallas, TX 75228

Hours: 24/7

**Does NOT accept frozen foods*

Gipson Grocery: 1701 Shaw St., Dallas, TX 75212

Hours: Monday-Saturday, 9 a.m. – 5 p.m.

**Does NOT accept frozen foods, canned goods, or non-food items*

Contact

thepeoplesfridge.com

White Rock Center of Hope

The White Rock Center of Hope program distributes 435,000 pounds of food valued at over \$445,000 to families in need each year. Over 75% of the food distributed is donated by supporters.

Location

10021A Garland Rd., Dallas, TX 75228

Contact

214-324-8996

Oak Cliff Veggie Project

Founded by a mother-and-son team, Bettie and Ples Montgomery, the Oak Cliff Veggie Project provides free vegetables to the Oak Cliff community on a regular basis and conducts community gardening sessions at various locations across Dallas.

Contact

Call 214-533-9222, visit oakcliffveggieproject.org, or contact the Oak Cliff Veggie Project via Facebook Messenger.

Commissary Is Very Necessary (CIVN)

Founded in 2019 by Marcus Russell, Davante D. Peters, and Yafeuh Balogun Shamsid-Deen, CIVN provides a range of essential services to underserved communities in Dallas. In Highland Hills, they manage multiple community gardens. They also conduct mobile food pantries and door-to-door delivery for homebound individuals. Follow them on Facebook (facebook.com/CIVNINC) to hear about the group's latest events and programs.

Contact

Call 214-428-3462, email commissaryisverynecessary@gmail.com, or visit their website at commissaryisverynecessary.org/contact.

Feed the People Dallas

Founded by Vanessa Wilmore, Feed the People Dallas is a Black/Latino, female-led collective that provides mutual aid to local communities throughout the DFW metroplex. The collective runs a free grocery program for those facing food insecurity and a community care program for the homeless. It also collaborates with other mutual aid organizations and regularly promotes food justice events on Instagram.

Locations

Check Instagram for locations: [instagram.com/feedthepeopledallas/?hl=en](https://www.instagram.com/feedthepeopledallas/?hl=en).

Dallas Coalition for Hunger Solutions

The Dallas Coalition for Hunger Solutions brings together a group of organizations and individuals that are working to reduce food insecurity and promote equitable access to healthy food across Dallas. The coalition focuses across 5 areas – child hunger, faith community, public policy, senior hunger, and urban agriculture. For those interested in supporting local community gardens, the coalition maintains a Community Garden map for the Dallas area.

Locations

A comprehensive and interactive food assessment map for the City of Dallas compiling various data sources maintained by members of the Dallas Coalition for Hunger Solutions. For specific data questions, please contact Wyonella Henderson-Greene, Coalition Specialist, at wyonella_henderson-greene@baylor.edu. To explore data about income, health, food retail, community gardens, farmers markets, and supplemental meal sources in this interactive map, visit arcg.is/OD4amj.

Contact

Visit our website at dallashunger.org/contact.

North Texas Food Bank

The North Texas Food Bank is the largest provider of free food to those facing food insecurity in the Dallas area. In addition to the organization's mainstay food support programs, it also regularly runs mobile pantries across the Dallas area.

Contact

214-330-1396

Locations

Mobile Pantry: Visit ntfb.org/mobile-pantry to check for dates.

Dallas West Church of Christ: 3510 N. Hampton Rd., Dallas, TX 75212

Time: 9 a.m. – noon

Hamilton Park United Methodist Church: 11881 Schroeder Rd., Dallas, TX 75243

Time: 9 a.m. – noon

Covenant Life: 423 N. College St., Waxahachie, TX 75165

Time: 10 a.m. – noon

First Red Oak: 320 E. Ovilla Rd., Red Oak, TX 75154

Time: 10 a.m. – noon

Marsalis Ave Missionary Baptist Church: 2723 S. Marsalis Ave., Dallas, TX 75216

Time: 9 a.m. – noon

El Buen Pastor Quinlan – Walk Up: 3914 Private Rd. 3843, Quinlan, TX 75474

Time: 10 a.m. – noon

Mobile Food Pantry Schedule

Phone Number: 972-426-6027

Contact: Contact Edwin Chinchilla, Sr. Program Manager, for days and times.

Food Pantries: North Texas Food Bank

Family Gateway

Category: Homeless Shelter & Residential Programs

Location: 711 S. St. Paul St., Dallas, TX 75201

Contact: Anastasia Nixon, Shelter Director

Phone Number: 214-823-4500

Website: familygateway.org/

Dallas Life Foundation

Category: Homeless Shelter & Residential Programs

Location: 1100 Cadiz St., Dallas, TX 75215

Phone Number: 214-421-1380

Website: dallaslife.org/

OurCalling

Category: Soup Kitchen

Location: 1702 S. Cesar Chavez Blvd., Dallas, TX 75215

Phone Number: 214-444-8796, ext. 119

Website: ourcalling.org/

SoupMobile

Category: Soup Kitchen

Location: 2490 Coombs St., Dallas, TX 75215

Contact: David Timothy

Phone Number: 214-655-6396

Website: soupmobile.org/

CitySquare

Categories: Food Pantry, Other Assistance, Social Services Assistance

Location: 1610 S. Malcolm X Blvd., Ste. 350, Dallas, TX 75226

Phone Number: 214-823-8710

Website: citysquare.org/

Resource Center – Food Pantry

Categories: Soup Kitchen, Food Pantry, Social Services Assistance

Location: 2701 Reagan St., Dallas, TX 75219

Contact: Daniel Sanchez

Phone Number: 214-528-0144

Website: myresourcecenter.org/

Catholic Charities of Dallas

The Catholic Charities of Dallas (CCD) manages many fixed and mobile food pantries for those in need in the Dallas area. In order to receive assistance, individuals must sign up as a client first.

Who: Families receiving government benefits, such as SNAP, TANF, SSI, NSLP, Medicare, and Medicaid. NO PROOF IS REQUIRED.

Families who fall under the Federal Poverty Guidelines become eligible to receive food services. NO PROOF IS REQUIRED.

Families facing a temporary crisis due to natural disasters and homelessness automatically become eligible to receive services.

To receive food, please provide one form of ID. Once you become a CCD client, you are eligible to receive food assistance once per month, any given day of the month.

Contact: Edwin Chinchilla

Phone Number: 972-246-6027

Email: echinchilla@ccdallas.org

Jan Pruitt Community Pantry

Location: 123 Alexander Ave., Lancaster, TX 75146

When: Tuesdays and Thursdays, 9 a.m. – 1 p.m.; Fridays, 1 – 4:30 p.m.; Saturdays, 9 a.m. – 1 p.m.

Contact: Rony Rivas Rodriguez

Phone Number: 972-619-3587 or 214-418-2707 (emergencies)

Marillac Food Pantry

Location: 2843 Lapsley St., Dallas, TX 75212

When: Tuesdays and Fridays, 10 a.m. – 1 p.m.

Phone Number: 469-283-0159

MLK Fresh Produce Distribution Center

The MLK Fresh Produce Distribution Center aims to increase access to fresh food in South Dallas and surrounding communities. Sponsored by Leadership Dallas, the distribution center will be open twice a week to provide fresh fruits, vegetables, and dry goods to citizens at no cost (while supplies last). There are no ZIP code requirements or income restrictions to receive goods.

Cost: FREE

When: Wednesdays, 10:30 a.m. – 1:30 p.m.; Saturdays, 11 a.m. – 2 p.m.

Phone Number: 214-670-8418

Requirement: All individuals must be present to receive goods.

Salvation Army Oak Cliff Community Center

Location: 1617 W. Jefferson Blvd., Dallas, TX 75208

Phone Number: 214-941-5911

Salvation Army – Carr P. Collins Social Service Center

Location: 5302 Harry Hines Blvd., Dallas, TX 75247

Phone Number: 214-424-7050

Brother Bill's Helping Hand

Location: 3906 N. Westmoreland Rd., Dallas, TX 75212

Phone Number: 214-638-2196

Holy Trinity Center

The Holy Trinity Center provides a food pantry. Individuals must live in ZIP codes 75204 West of Central Expressway. ZIP codes 75205 and 75209 must live South of Mockingbird Lane. This food pantry will serve all of ZIP code 75219. ZIP code 75235 must live East of Inwood Road, South of Lemmon Avenue, and North of Stemmons Freeway. Other ZIP codes include: 75219, 75226, and 75235.

Location: 3826 Gilbert Ave., Dallas, TX 75219

When: Tuesdays and Thursdays, 9 a.m. – noon; Saturdays, 10 a.m. – 1 p.m.

Phone Number: 214-521-3719

Requirement: All individuals must have a valid picture ID and proof of income and residence.

Caring & Sharing Food Pantry

As a partner with North Texas Food Bank, the Caring & Sharing Food Pantry provides food and gently used clothing to families in the ZIP codes of 75238 and 75243. Once a family is certified to receive services by the Caring & Sharing Food Pantry, they will be scheduled to come one Thursday a month to select the food they need for their family; they may also select clothing at that time. In the fall, the Caring & Sharing Food Bank helps with the purchase of school supplies, and during holiday season, gift cards that parents can use to purchase Christmas presents for their children.

Location: 10805 Walnut Hill Ln., Dallas, TX 75238

Phone Number: 214-342-6060

Requirement: A copy of the lease agreement indicating all people living in the home, proof of all sources of income in the home, itemized expenses, and ID (driver's license or passport).

Please contact all facilities to learn about their COVID guidelines.