## DIETITIANS AND SOCIAL WORK TEAM

Main clinic number: 214-645-8525 / For more information: utswmed.org/rad-onc

## **DIETITIANS**

Our dietitians here to help you fuel your body to stay strong and healthy throughout treatment. For those facing a cancer diagnosis, a proper diet is important to promote healing and to support the immune system. Depending on your diagnosis, different side effects can disrupt your nutrition. Some examples include dry mouth, trouble swallowing, nausea, diarrhea, fatigue, weight fluctuations, or decreased appetite. It is important to work with a dietitian when experiencing these side effects so that you can continue to take in adequate nutrition to help you feel stronger and to support a quicker recovery. Dietitian services are at no additional cost to patients.



Anna Sewell M.A., RDN, LD

Outpatient Oncology Dietitian Contact: 214-645-5271



Laura Urias MCN, RD, LD

Outpatient Oncology Dietitian Contact: 214-645-5270

## **SOCIAL WORKERS**

We have two onsite social workers dedicated to assessing patients for their biopsychosocial needs as well as their family members. In this assessment the patients' health history, monetary status, social/environmental factors, and additional information are attained. Our social workers help educate patients and their families on what the process may look like and what everyone's role is. As the overall process and diagnosis can be overwhelming and bring uncertainty to patients and their loved ones, our social workers provide empathic listening, engagement, and collaboration on interventions with patients, connect them to resources, and follow up with patients. As team members, our social workers will collaborate with interdisciplinary teams to develop a plan of care and ensure all scopes of the patients' needs are being met.



Christian Suggs LMSW

Social Worker Contact: 214-645-2937



India Edwards LMSW

Social Worker Contact: 214-645-1084