

Ethos Radiation Treatment Appointment

Your First Treatment Appointment

After your simulation, a radiation therapist will call to schedule your first treatment. This call should happen 3-5 days after your simulation. First appointments are scheduled in designated physician times – we will work to address your needs when possible. Other treatments may or may not need to be scheduled in designated physician times.



Treatment Day Expectations

Appointment times are scheduled for 1 hour depending on individual plan requirements. On your first treatment date:

- You will be given a printout of your upcoming appointments
- Arrive 15 minutes prior to your daily appointments unless directed otherwise
- Family or visitors may wait in the main clinic lobby

Daily, you will be asked to change into a gown for treatment. The radiation therapists will provide instructions on what clothing items will need to be removed. You will primarily change in dressing room B.

- If there is anything you would like to keep with your family or visitor, please transfer items prior to coming back with your radiation therapist.
- Personal belongings can be brought into the treatment room with you.

During Your Treatment

Each treatment will require positioning on the Ethos table as you were positioned in the simulation, followed by a CT scan for daily alignment. The alignment scan is reviewed by your physician and radiation team to determine the most accurate treatment to be delivered. This review time can take approximately 15-30 minutes before the actual treatment starts.

You will be able to listen to personalized music during your treatment. Your radiation oncology team will be able to see and hear you at all times.

Additional Information

Please let us know what needs you might have, including transportation, scheduling, and any assistance within the clinic so we can do our best to accommodate you. We make every effort to operate the clinic on schedule; however, please be aware that emergencies can arise that affect your appointment time. We may need to change scheduled appointments due to unforeseen circumstances. We apologize in advance and appreciate your patience in these instances.

If you were given a ROC-Band at your first treatment, please remember to wear it each day to help match you to your treatment and allow staff to move you through your visit weekly. For any questions or concerns, please reach out to the Radiation Oncology clinic on MyChart or call **214-645-8525**.